



# COMMUNITY PARTICIPATION

Challenge Disability Services provide Community Participation for people with a disability with moderate to high support needs who require an alternative to paid employment or further education.

Challenge offers **two main service types** for Community Participation:

- » Centre Based with Community Access
- » Individual Community Based Options

We provide a **person centred approach** to our programs, which are designed to **meet individual outcomes** and requirements.

We provide a **flexible service** to individuals based around their **individual needs** and goals. Our programs are **culturally respectful** and we work in partnership with other government and non government agencies. We aim to develop and deliver programs that are well coordinated and manageable from the individuals and their families/carers perspective.

## ACTIVITIES

- » **Recreational** and Leisure: Sailing, Fishing, Picnics, Horse Riding, Ten Pin, Art and Craft
- » **Community** Access: Volunteer Work, Vists to local attractions such as the Library & Art Gallery, Shopping and Environmental Programs
- » **Fitness** and **Health**: Gyms, Walking, Swimming, Tai Chi and Hydrotherapy
- » **Academic**: Computer, Numeracy, Literacy and Money Recognition
- » **Independent** Living Skills: Cooking, Personal Care, Gardening and Domestic Duties
- » **Relaxation**: Sensory, Massage and Aromatherapy

This list is not exclusive and other programs and activities can be developed to meet the needs of the individual.

# CHALLENGE

■■■■■■■■■■ Making a difference for over 50 years  
DISABILITY SERVICES

1800 679 129

[www.challserv.org.au](http://www.challserv.org.au)

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